

LA CROSSE PUBLIC LIBRARY NEWSLETTER



November 2024

What's Inside

**Monday Mornings at Main
Driftless Regional Read
Creation Space/Tool Library
Children's Programming
Classes
Adult Programming
Friends of the Library**

The La Crosse Public
Library will be

CLOSED

Thursday,
November 28
for Thanksgiving

SINGING BOWLS SOUND MEDITATION

Nov 25th | 5:30pm



with
Joan Filla, MD



Celebrate the season of gratitude with an evening of exploration and renewal in the presence of bell sounds. Tibetan singing bowls produce sounds that invite deep states of relaxation, enhancing the ability to meditate, reduce tension and stress. We invite you to bring a yoga mat, wear comfortable clothes, and meditate with us at your library!

La Crosse Public Library
800 Main St. | 608-789-7122

Registration is optional and all are welcome. If you need accommodation for any reason, please call the Library at (608) 789-7122 or email libraryhelpdesk@lacrosselibrary.org.

Main Library
800 Main Street
(608) 789-7100

Mon–Thurs 9 a.m.–7 p.m.
Friday 9 a.m.–5 p.m.
Saturday 9 a.m.–1 p.m.
Sunday 1–5 p.m.

North Community Library
1552 Kane Street
(608) 789-7102

Tuesday 10 a.m.–2 p.m.
Wednesday 2–6 p.m.
Thursday 2–6 p.m.



**LA CROSSE
PUBLIC LIBRARY**

MONDAY MORNINGS AT MAIN

Exercise body and mind while filling your cup with coffee and camaraderie, Mondays at the La Crosse Public Library!

9:00 a.m. Chair Fitness | 9:30 a.m. Coffee | 10:00 a.m. Lifelong Learning



November 4
The Buzz on Honeybees
with R&J's Honey Farm

November 11
Badger Aces
with Author Mike O'Connor

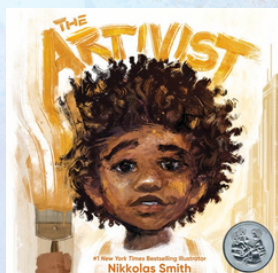
November 18
The Amish in Wisconsin
with Author Larry Scheckel

November 25
Recollection Wisconsin & La Crosse History
with LPL Archivist Scott Brower & Kristen Whitson, WiLS



AT MAIN
Sponsored by the
Gertrude Salzer
Gordon Trust

DRIFTLESS REGIONAL READ



Scan the QR code or visit:
driftlessregionalread.com
for a full list of events!

This fall, we're exploring the power of creativity and community connections with the books: "Big Magic: Creative Living Beyond Fear" by Elizabeth Gilbert and "The Artist" by Nikkolas Smith. Pick up a FREE copy of "Big Magic" while supplies last. Join us for a season filled with enriching creative programs and events!

CREATION SPACE + TOOL LIBRARY

PROGRAMS

Wednesday, November 6

Knit and Needle

5-6:30 p.m.

Main Library - Creation Space

Bring your knitting, crochet, or embroidery projects and craft alongside other fiber art enthusiasts!

Friday, November 15

Habitat How To: Draft Blocker Workshop

3:30-4:30 p.m.

Main Library - Creation Space

[Register on our events calendar.](#)

CREATION SPACE OPEN LAB HOURS

Monday 3-5 p.m.

Tuesday 1-3 p.m.

Wednesday 5-6:30 p.m.

Thursday 10 a.m.-noon

Saturday 9 a.m.-noon

Meditative Community Mandalas

NOVEMBER 3
2:00-3:30PM

La Crosse Public Library | Creation Space

Immerse yourself in an inspiring workshop, where you'll learn to incorporate the art of drawing mandalas into your daily mindfulness practice. No artistic ability or experience is required! Join us as we explore basic techniques and come together to create beautiful community mandalas. Our focus will be on letting go of any attachment to results and enjoying our time creating together. Plus, each participant will get to take home one of our communal creations. Don't miss this opportunity to unleash your creativity and find inner peace through art!



WITH HEATHER BACH

Registration is required and all are welcome. If you need accommodation for any reason, please call the library at (608) 789-7122 or email libraryhelpdesk@lacrosselibrary.org.



This event is part of the Art and Driftless Region 2024 Regional Read. Visit driftlessregionalread.com or scan the QR code to register!



CHECK OUT OUR TOOL LIBRARY!

The LPL Tool Library is back! We have lawn & garden tools, power tools, cleaning tools, and so much more! To place a hold, search "[LPL Tool Library](#)" on our new library catalog. You'll receive a notification when your tool is ready to pick up!



CHILDREN'S PROGRAMMING

STORYTIMES

November 12 - December 20

STORYTIME (all ages)

WEDNESDAYS

9:30-10 a.m.

LA CROSSE PUBLIC LIBRARY - MAIN

THURSDAYS

5:30-6 p.m.

LA CROSSE PUBLIC LIBRARY - MAIN

SATURDAYS

10:30-11 a.m.

LA CROSSE PUBLIC LIBRARY - MAIN

BOUNCING BABIES

(birth-9 months)

WEDNESDAYS

12-12:30 p.m.

LA CROSSE PUBLIC LIBRARY - MAIN



NORTHSIDE

After School Club

WEDNESDAYS
SEPTEMBER - MAY
3:30-4:30
NORTH LIBRARY

Join us after-school as we play, create, and have fun at the North Library. Best for grades 1-6.

Only on days when Northside Elementary School is in session.

FAMILY YOGA

Thursdays in November

10:00 - 10:45 am

Main Library

Emily Sustar, from The Motherhood Collective, will be leading a gentle yoga class perfect for caregivers and kids! This class is great for both beginners and experienced yogis. Best for all ages.



THE MOTHERHOOD COLLECTIVE

CHILDREN'S PROGRAMMING



Every third Saturday of the Month

Raising Rainbows

1:30-3:30 p.m.

The Center: 7 River LGBTQ Connection

230 6th Street South

Free to play and be me! An inclusive playgroup for LGBTQ+ families. Fun stories and activities to be provided by the La Crosse Public Library and the Parenting Place.

Tuesdays in November

North Side Play Shoppe

10-11 a.m.

La Crosse Public Library - North Branch

Join the Parenting Place and enjoy open-ended playtime, a simple art activity, circle and storytime, and a snack. Come share the power of playing with your child! When the La Crosse School District closes for weather related reasons, the Parenting Place also closes. Best ages birth-5.

TEEN PROGRAMMING

Tuesday, November 5

Teen Advisory Council

4:30-5:30 p.m.

La Crosse Public Library - Main

Come help advise the Youth Services staff on all things teen in the library! This group is always looking for new members. Join us for food and fun! For grades 6-12.

Pride in the Panels

Thursday, November 7

4:30-5:30 p.m. La Crosse Public Library - Main
or

Friday, November 15

6-7 p.m. The Center: 7 Rivers LGBTQ Connection

Join us every month in our safe and welcoming space as we build community while exploring the panels of LGBTQ+ themed graphic novels. All are welcome. For grades 6-12.



CLASSES

TECH HELP TECH OFFICE HOURS

La Crosse Public Library - Main

Mondays
Noon–2 p.m.

Thursdays
2–4 p.m.

To make an appointment
call (608) 789-7122

BASIC INTERNET SECURITY

WEDNESDAY, NOVEMBER 20TH
AT 11:00AM

LA CROSSE PUBLIC LIBRARY, 800 MAIN ST
CREATION SPACE



The holidays are a time where online shopping and marketing emails come in full force! This class will teach you some basic internet security skills, including how to know if a site or email address can be trusted. No device necessary.

CHAIR FITNESS

Mondays **Wednesdays**
9-9:30 a.m. 10-11 a.m.

La Crosse Public Library - Main

Have fun exercising while sitting in a chair! Chair Fitness is for all ages and for all fitness levels. This program is instructor lead with up-beat music. You should consult your physician or other healthcare professional before starting this or any other fitness program. No registration needed.

Chair Yoga

La Crosse Public
Library- Main Hall

10-10:45 a.m.

Thursdays

November 7, 14, and 21



Chair Yoga is adaptable for every body and will offer a sense of ease, relaxation, and strength. In each class, participants will explore a variety of seated poses or standing shapes with the support of the chair which can improve flexibility, balance, and reduce stress.

Registration is optional and drop-ins are welcome.

ADULT PROGRAMMING

Saturday, November 9

Chapters-The Measure

10-11 a.m.

La Crosse Public Library - Main

Registration Recommended

Chapters is the La Crosse Public Library's monthly book discussion group featuring popular fiction covering a variety of genres. Join us for a discussion of "The Measure" by Nikki Erlick.

[Register via the library's events calendar](#)

Tuesday, November 12

Taste of Vietnam: How to Make Spring Rolls

5:30-6:30 p.m.

La Crosse Public Library - Main

Registration Required

Join Tân Pham in learning how to make spring rolls. We'll discuss: What ingredients do I need to make spring rolls? Where do I buy these items? What sauce do I use?

Tân will share how to immerse yourself in Vietnamese culture and discuss food experiences, from big cities to small villages, from restaurants to backyard gardens to home-cooked meals.

[Register on our events calendar.](#)

Wednesday, November 13

Chapters-The Measure

1-2 p.m.

La Crosse Public Library - Main

Registration Recommended

Join us for a discussion of "The Measure" by Nikki Erlick. [Register via the library's events calendar](#)

Thursday, November 14

Community Blood Drive

10 a.m.-2 p.m.

La Crosse Public Library - Main

Schedule your donation today! Set an appointment online at:

<https://www.redcrossblood.org/give.html/donation-time>. Appointments are

recommended, but walk-ins are welcome. Remember to bring photo identification.

Tuesday, November 19

BookTok Bingo

6:30-8 p.m.

608 Brewing Company

83 Copeland Avenue

Join us as we partner with 608 Brewing Company to celebrate all the best books on BookTok! A free event, with a book prize for every bingo.

Tuesday, November 19

Health and Wellness Workshop for Aging Adults

10-11 a.m.

La Crosse Public Library - Main

Are you over the age of 60 and want to know how to better your health, manage different conditions, or ask questions? Come and visit our local Viterbo University Nursing Students as they share information on different topics related to Older Adults and their health. Students will present on a variety of topics such as safety, nutrition, and management of health conditions. Plus, free Blood Pressure Checks!

Thursday, November 21

"Where's Home?" Author Talk

5:30-6:30 p.m.

La Crosse Public Library - Main

Join us as we welcome Bobbi Rathert for an author talk on her new book: "Where's Home?: People Experiencing Homelessness In La Crosse County Share their Stories On a Quest for Understanding, Belonging, and Stability."

This book is a compilation of first person interviews with members of the La Crosse homeless community, written in an attempt to learn their stories, hear their disappointments and dreams, and understand where they came from before they began living outside.

Tuesday, November 26

Out in Print: I'm a Wild Seed

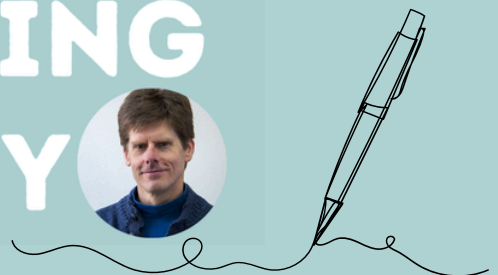
5:30-6:30 p.m.

The Center: 7 Rivers LGBTQ

230 6th Street South

Join the Out in Print crew this month for an in-person discussion at The Center. Registration is not required but is appreciated.

WRITING DAY



Thursday, November 14

5:30-7 p.m.

La Crosse Public Library-Main



Join us for our writing day where we talk with local author Matt Cashion about how to slay your critics (internal & otherwise), how to get your stories started, how to keep them going, and how to finish them.

Bring your notebook or laptop. Writing will happen!

FRIENDS OF THE LIBRARY

BOOKSHOP HOURS

Monday, Tuesday, Thursday,
and Friday

10:00 a.m.–4:00 p.m.

Wednesday

12:00 p.m.–6:00 p.m.

Saturday

9:00 a.m.–1:00 p.m.

Sunday

2:00 p.m.–4:00 p.m.



Support Friends of
the La Crosse Public
Library by:

- Donating Materials
- Becoming a Volunteer
- Purchasing a Membership

For more information, call
the First Floor Bookshop
at
(608) 789-7149 or visit
our website:
[lacrosselibrary.org/about/
friends](http://lacrosselibrary.org/about/friends)

MONDAY MORNING BOOK SALES

Friends of the
La Crosse Public Library

BASEMENT BOOKSTORE

La Crosse Public Library
800 Main Street

OPEN

EVERY MONDAY

9 A.M.–12 P.M.

Over 10,000 books,
magazines, CDs, DVDs,
and Audiobooks

All items \$1 or less

Membership Form

Please join or renew your annual support of your library. Your membership provides special support resources for your library.

New Renewal Address change

Name:

Street:

City:

State:

Zip:

Telephone:

Email:

Enclosed is my tax-deductible contribution payable to the Friends of the La Crosse Public Library.

- Individual \$10 Lifetime Membership \$300
 Family \$25 Special/Memorial Gift

Please return to:

Friends of the La Crosse Public Library, Inc.
Attn: Membership
800 Main Street
La Crosse, WI 54601